



10 Family activities



for the 2020 Pentecost Offering of the Church of the Brethren

- 1. Dress in red**, from head to foot! (Red is the liturgical color for Pentecost.) Snap a picture, share with friends/family, and explain yourself!
- 2. Blow up a balloon.** As you watch your breath go into the balloon, imagine the Holy Spirit breathing into you. How would it feel for this to happen? What would be different in your life if this happened? Write down a few thoughts. Pray.
- 3. Practice Breath Prayer.** “Breathing is an unconscious thing. And breath prayer reminds us that just as we can’t live on one breath of air, we can’t live on one breathe of God. God is the oxygen of our soul, and we need to breath him in all day long...Breath prayer reminds us that each breath we are given is God’s gift and that God’s Spirit is nearer to us than our own breath,” (*Spiritual Disciplines Handbook* by Adele Ahlberg Calhoun, pgs. 204 – 206).
- 4. Make Pentecost ice cream sundaes.** Get a base layer of vanilla ice cream and top with: a few squares of Divine Chocolate (social justice in Jesus’ name, and yes, pun intended), strawberry syrup (red is the liturgical color for Pentecost), and top with an atomic fireball or sprinkle on some red hots (to symbolize fire). The idea came from <https://www.catholicicing.com/celebrate-pentecost-sunday-with-pentecost-sundaes/>, but we Brethren-ized it with fair-trade chocolate. As you eat, review the scripture and the symbolism.
- 5. Watch an animated Pentecost Lego video** (or two) online. Search “Legos and Pentecost.” Have fun!
- 6. Eat a meal** that has been grilled/cooked by flames, is spicy (or both)!
- 7.** Here is a **free kid’s coloring page**, with these words: “Send us out in the power of your spirit, to live and work to your praise and glory.” <https://drive.google.com/file/d/0B0RweH-3RyI0SIZjQ1RodUtPcUU/view>
- 8. Create art and let it remind you to pray.** Do you have a salad spinner, some paper plates, and some red/yellow/orange paint? <http://flamecreativekids.blogspot.com/2014/04/pentecost-flames-salad-spinner-art-and.html>
- 9. Make Rhubarb Pepper Jelly.** This recipe was created specifically for Pentecost; read the blog to understand why. <https://jerusalemgreer.com/2016/05/11/rhubarb-pepper-jelly-for-pentecost/>
- 10.** Get outside and see if you can **spot a dove or two!** What species live in your area? <https://www.fws.gov/migratorybirds/pdf/surveys-and-data/HarvestSurveys/DovePigeonFactSheet.pdf>

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